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If you need help reading this, please call 1-866-781-5094.

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What do candles, cake and a checkup have in common?



## **Every birthday should have them.**

Dear Parent or Guardian:

Checkups make perfect birthday presents. Whether your child is 2 or 17, it's a good time to set up a yearly checkup and make sure your child is up-to-date with vaccines (shots). Routine doctor visits and shots can help children stay healthy and safe from serious diseases.

What should you ask your doctor at the checkup? If your child is 2 years old, ask to do a lead screening test; the final screening test should be done at 2 years old. Also, ask what shots your child or teen needs. Each year, children and teens need different shots to help prevent diseases. Our records show that your child may be due for a new set of shots.

Did you know that preventive checkups are covered 100%?

This means they won't cost you anything.

**Call your child's doctor today to set up a checkup**. Your doctor's phone number is on your child's member ID card. Getting the right care today can affect your child's health for years to come. If you would like to ask a nurse about how many checkups your child needs or which vaccines he or she needs now, call the toll-free numbers on your child's member ID card.

Wishing your family the best of health,

BlueChoice HealthPlan Medicaid